



MOHILL FAMILY SUPPORT CENTRE



Canon Donohoe Hall
Upper Main Street, Mohill



Phone 071 9631253
Email support@mohillfsc.info
Reg. Charity No.20049126



January - June 2020 Event Calendar

EVENT	DATE	DESCRIPTION
Monthly Kids Art & Craft group	First Saturday of every month 1-2:30pm	Open to all 5-10 year olds. €5 admission. Next date is Saturday, February 1st
Youth Café	Every Monday evening from 6-7.00pm for 8-10 years	Contact the centre on 071 9631253 for more information
Youth Café	Every Monday evening from 7-8.00pm. for 10-12 years	Contact the centre on 071 9631253 for more information
Foroige	Every Friday evening in the Centre from 7-8.30pm	If you are aged between 12- 18 years come along and have some fun in a safe and relaxed environment.
Mohill Parent and Toddler Group	Every Tuesday morning from 11am to 12.30pm in the centre	New members always welcome. For more information call the centre on 071 9631253.
Ballinamore Parent & Toddler Group (Library)	Wednesdays from 10am-12noon.	New members always welcome. Social group for adults and babies/toddler. €2 admission.
Carrigallen Parent & Toddler Group (Carigallen day care centre)	Fridays 10:30am - 12noon.	New members always welcome. Social group for adults and babies/toddler. €2 admission.
Drop in Parenting Support Clinic (Free and Confidential)	Every Thursday morning at 11am-12 noon in the centre.	If you need assistance and support with parenting, completion of forms or need information in relation to other matters. Pop into the centre and meet Laura who will assist support you.
Ballinamore Outreach Service (Library)	Wednesdays 12noon-1:30pm	If you need support in completing forms or any other assistance pop in and see Laura in Ballinamore library
Carrigallen Outreach Service (Day Care Centre)	Fridays 12:30noon -2pm	If you need support in completing forms or any other assistance pop in and see Laura.
Women's Group	Second Tuesday of Every Month	Demo's, workshops and various other events
Mohill Men Shed	Tuesdays at 8pm	Currently Meeting in Mohill Family Support Centre but new premises acquired and aiming to move into in March.
Carers Group	Last Wednesday of every month at 8pm	New members always welcome. More details call Mohill Family Support Centre 071 96 31253.

Walking group	Monday mornings at 11am.	Open to all , including individuals with dogs on a lead (and wearing a muzzle if necessary)
Rainbows Ireland 9 week Bereavement Programme	Mid-March 2020	Contact the Laura on 071 9631253 for more information
Parent Plus Early Years Programme	Mid-March 2020 (If enough participants engaged)	Contact the Laura on 071 9631253 for more information
Mohill Community Garden.	Tuesday Mornings 11am-1pm in Community Garden. This group returns in February 2020.	For more information on the community garden call Mohill Family Support Centre 071 96 31253.
Gardening Classes in Mohill Community Garden	Date & Time to be confirmed	Call Mohill Family Support Centre 071 96 31253 for more details.
Personal Development Programme	March 2020 Date and Time to be confirmed	Call Mohill Family Support Centre in March 2020.
Kids Drama Workshops	March- May (based on funding)	Continuation from the last two years Drama Workshops with Carol and Marcel. Programme will commence if we are successful in obtaining funding.
Kids Easter Assorted Camp	Tuesday 14 th and Wednesday 15 th of April.	Two day Assorted Easter Camp Tuesday 14 th of April and Wednesday 15 th from 10am-2pm for 7-10 year olds.
Parent & Child Cookery Programme	April 2020. Date TBC.	If interested call Mohill Family Support Centre 071 96 31253.
Monthly Coffee Mornings	Second Thursday of every month 10.30-12.30 noon.	Monthly coffee morning to support Local & National Charities. <u>13th of February there will be a Coffee Morning for Eslin Community First Responders.</u>
GROW Network	Every Tuesday in Centre at 2.15pm.	Grow is a confidential support group which mental health through a 12 step programme.
St Patrick Family Fun Day	Tuesday March 17 th (commence after Mohill Parade)	Open free Event Suitable for the whole family. Keep an eye on our Facebook page for details
End of Year Disco	Friday 26 th of June 7-8.30pm	For young people aged up to 10 years. €5 admission. Family Concessions in place.